

CARVER CENTER WINTER 2021/2022 PROGRAMMING

200 Willie Palmer Way, Purcellville, VA 20132

571-258-3400

loudoun.gov/carver

Monday through Friday 9:00am-5:00pm.

Saturday 8:00am-12:00pm.

SENIOR MEMBERSHIP (Ages 55 & up)

Senior participants may purchase twelve-month memberships or attend on a drop-in basis. The cost of many activities is included in the membership or drop-in fee. Any additional fees will be noted in the activity listing.

DROP-IN FEE \$2.00 Please note some activities are not open for drop-ins.

MUSIC

UKULELE JAM SESSION

Enjoy group play in a low-key environment.

230691-03

F 12/3-2/25 1:00 pm-2:00 pm

BASIC UKULELE

Learn the basics of Ukulele with Carolyn & Guy Masters. Instruments provided. Skips 2nd Tuesday of the month.

230684-01

W 12/1-2/23 1:00 pm-2:00 pm

CARVER MUSIC SCHOOL

Learn basic chords and notes, including how to read music. Instruction by John Sanger

230619-01

Tu 12/7-2/22 10:00 am-11:00 am

CHUCK & DAN

Live music with the Chuck & Dan Band

230616-01 Holiday Music

W 12/22 1:00 pm-2:00 pm

230616-02 Country Music

W 2/2 1:00 pm-2:00 pm

LUNCH & MUSIC

Chuck and Dan play live music during lunch.

230604-01

W 1/12-1/12 12:15 pm-1:00 pm

ARTS

BEGINNER WATERCOLOR

Learn the basics of watercolor techniques and composition. Materials provided \$70 members/\$75 non-members

230659-01

F 1/7-1/28 10:00 am-11:30 am

INTERMEDIATE WATERCOLOR

A continuation of Basic Watercolor with individual and group instruction. Must have taken a Beginner Watercolor previously. Paper provided. \$45 members/\$50 non-members

230606-01 \$45
F 2/4-2/25 10:00 am-11:30 am

ADVANCED WATERCOLOR PAINTING

Hone your watercolor skills through individual critiques and instruction. Must have taken previous watercolor courses. Paper provided. \$45 members/\$50 non-members

230607-01 \$45
W 12/1-12/22 1:15 pm-2:45 pm
230607-02 \$45
W 1/5-1/26 1:15 pm-2:45 pm
230607-03 \$45
W 2/2-2/23 1:15 pm-2:45 pm

WATERCOLOR CARD MAKING

Use watercolor techniques to create your own greeting cards. Instruction by Alice Power. All materials provided. \$30 for members, \$40 for non-members

230798-01 \$30
M 12/6, 12/13, 12/20 1:15 pm-2:45 pm

SATURDAY ACRYLIC PAINTING

Monthly guided paint night style acrylic painting event. \$20 Members, \$30 Non-members

230627-02 \$20
S 1/18 10:00 am-11:30 am
230627-03 \$20
S 2/5 10:00 am-11:30 am

CARD MAKING

Create handmade greeting cards with Sharon Cline.

230671-01 Holiday Cards
F 12/3 10:00 am-11:30 am
230671-02 Valentine's Cards
Th 2/3 10:00 am-11:30 am

PAINT YOUR OWN POTTERY

Paint a ceramic piece, materials provided. Pieces will be fired off-site and ready for pick up the next week. \$20 for members, \$30 for non-members

230798-01 \$20/\$30
Sa 12/4 10:00 am-11:30 am
230798-02 \$20/\$30
Th 12/9 10:00 am-11:30 am
230798-03 \$20/\$30
Th 2/24 10:00 am-11:30 am
230798-04 \$20/\$30
Sa 2/26 10:00 am-11:30 am

FITNESS & HEALTH

QIGONG

Qigong (pronounced chi-gong) is a gentle practice of aligning breath, movement, and awareness during the practice of a series of standing movements. Video instruction on Mondays and Saturdays

230618-02
M,W,F 12/1-2/28 10:00 am-11:00 am

TAI CHI

Slow-motion routines practiced in a group to promote strength, balance and flexibility. New students welcome. Instructor: Trudy Weaver.

230664-02

Tu 12/7-2/22 9:00 am-10:00 am

BALANCE AND STABILITY

Physical Therapist designed sequence of exercises designed to improve balance and flexibility. The music alone will brighten your day! Video instruction Wednesdays and Saturdays.

230672-04

M,W,F 12/1-2/28 11:15 am-11:45 am

BEGINNER LINE DANCE

Leader Carolyn Masters keeps things light and aims for group enjoyment. This activity provides exercise as well as camaraderie.

230685-02

M 12/6-2/28 1:00 pm-2:00 pm

SLOW & EASY LINE DANCE

Laid back line dancing for those with mobility limitations

230686-01

Th 12/2-2/24 11:15 am-11:45 am

NEW STUDENT LINE DANCE

For those with no line dancing experience

230643-01

Th 12/2-2/24 1:00 pm-2:00 pm

INTERMEDIATE LINE DANCE

Must have previous line dancing experience.

230689-01

M,Th 12/2-2/28 2:00 pm-3:00 pm

YOGA FOR EVERY-BODY

Learn the Basics of Yoga. All mobility levels welcome. ***More class dates TBA***

230634-01

Sa 12/11 10:00 am-11:00 am

BLOOD PRESSURE CHECK

Have your blood pressure checked by an Inova representative. 4th Thursday of the month

230631-01

Th 12/16, 1/27, 2/24 10:00 am-11:45 am

HEARING SCREENINGS & ADVICE

Monthly visit from the Northern Virginia Resource Center for the Deaf and Hard of Hearing. Free basic hearing tests, resource guidance, and advice.

230621-01

Tu 12/28 10:00 am-2:00 pm

230621-02

M 1/10 10:00 am-2:00 pm

230621-03

M 2/28 10:00 am-2:00 pm

SPORTS & GAMES

PICKLEBALL

Indoor pickleball. Open to current senior center members, no drop ins.

230666-01	Open Play	
Tu	12/7-2/22	2:00 pm-4:45 pm
230666-02	Open Play	
Th	12/2-2/24	3:15 pm-4:45 pm
230666-03	Open Play	
Sa	12/4-2/26	8:30 am-11:30 am

CORN HOLE

Indoor corn hole

230688-01		
Tu	12/7-2/22	10:00 am-11:45 am
230688-02		
M	12/6-2/28	1:00 pm-3:00 pm

PING PONG

Enjoy this fun indoor game, new players welcome!

230665-01		
M,W	12/1-2/28	9:00 am-11:00 am

CARD PLAYERS

All card games welcome!

230635-01		
Tu	12/7-2/22	3:00 pm-4:45 pm
230635-02		
Sa	12/4-2/26	8:30 am-11:45 am

BEGINNER BRIDGE

Learn the rules and basics of this challenging card game. Experienced players are also welcome!

230692-01		
Tu	12/7-2/22	1:00 pm-3:00 pm

PARTY BRIDGE

For more experienced Bridge players

230693-01		
Th	12/2-2/24	1:00 pm-4:45 pm

SCRABBLE/BOARD GAMES

Scrabble, Chess, and other classic board games

230641-01		
M-Sa	12/1-2/28	1:00 pm-4:45 pm

BINGO

Monthly Themed Bingo!

230630-01		
W	12/1	1:00 pm-2:00 pm
230630-02		
W	1/26	1:00 pm-2:00 pm
230630-03		
W	2/9	1:00 pm-2:00 pm

BRAIN GAMES

Attendees are challenged with visual puzzle warmups followed by a series of group solved word games. Expect banter and wisecracks!

230625-01

Th 12/2-2/24 9:45 am-10:45 am

PUZZLES & ADULT COLORING

Word searches, crosswords, and more. Materials provided.

230706-01

M-F 12/1-2/28 9:00 am-11:00 am

EDUCATIONAL

GIANT HEALTHY LIVING TALKS

A nutritionist from Giant Foods leads a monthly educational series on a variety of topics

230633-01 Eating for Heart Health

W 12/8 1:00 pm-2:00 pm

230633-02 Steps to Prevent Chronic Disease

W 1/5 1:00 pm – 2:00 pm

230633-03 Feeding the Mind, Fueling the Brain

W 2/4 1:00 pm-2:00 pm

LIBRARY OUTREACH

Rust Library visits to allow members to easily check out and return books. 2nd Wednesday of the month.

230628-01

W 12/8-2/9 11:30 am-12:00 pm

TECH TUESDAY

Purcellville Library visits on the first Tuesday of the month to help seniors with common technology issues.

230669-01

Tu 12/7, 1/4, 2/1 11:00 am-11:45 am

FALL PREVENTION

Loudoun County Fire & Rescue gives a presentation on ways to help prevent falls.

230622-01

W 1/19 1:00 pm-2:00 pm

BOOK CLUB

Purcellville Library leads this book club on the 2nd Tuesday of the month

230680-01

Tu 12/14, 1/11, 2/8 11:00 am-11:45 am

GENEALOGY RESEARCH BASICS

Learn the basics of genealogy research with help from the Purcellville Library. Meets on the 3rd Tuesday of the month.

230627-01

Tu 12/21, 1/18, 2/15 11:00 am-11:45 am

DECLUTTERING FOR SENIORS

Clear the clutter from your home and life. Lead by Carolyn Masters

230603-01

Tu 12/7-2/22 1:00 pm-2:00 pm

SERVICES FOR SENIORS

Lori Stahl offers advice and guidance on helpful area resources for seniors. 1st Monday of the month

230695-01

M 12/6-2/7 9:00 am-12:00 pm

SOCIAL & SPECIAL EVENTS**CONGREGATE MEAL**

Meals served in a group setting, donations welcome!

230605-01

M-F 12/1-2/28 12:00 pm-12:45 pm

LUNCH AND A MOVIE

Lunch and a movie

230797-03 Elf

F 12/3 12:00 pm-2:00 pm

230797-04 War with Grandpa

F 1/28 12:00 pm-2:00 pm

230797-05 The Sister Act

F 2/18 12:00 pm-2:00 pm

HOLIDAY PARTY

Holiday celebration with dancing, Santa, and the Grinch.

230651-01

W 12/15 1:00 pm-2:30 pm

NEW YEARS PARTY

Celebrate the new year

230626-01

F 1/7-1/7 1:00 pm-2:30 pm

COFFEE WITH A COP

Enjoy coffee and a snack while socializing with members of the Purcellville Police Department. Open to the public!

230636-01

Th 1/20 9:30 am-10:30 am

WINTER GAMES

Winter Games competition. Snow-pong, Cornhole, and Shuffleboard.

230663-01

F 1/21 1:00 pm-2:00 pm

HISTORY OF THE CARVER CENTER

The Carver Alumni Association sponsors this presentation on the history of the Carver Center.

230653-01

W 2/23 1:00 pm-2:00 pm

FAMILY FEUD

The classic TV show comes to Carver!

230611-01

F 2/25 1:00 pm-2:00 pm

VALENTINE'S DANCE

Valentines themed dance

230650-02

W 2/16 1:00 pm-2:30 pm